



The Hub Walkers Program

Feb 5 to June 28, 2018

Preamble:

There is no need to register for a walk – you just turn up on the appropriate day at the appointed time and place and the leader will be there.

For the 7.30 am walkers, the leader will be at the Waverton Station whatever the weather.

For the 9:30am walks, walks may be changed to a different one or cancelled at the last minute due to weather conditions. If so, you will be notified by email on the morning of the walk at the latest, so please make it a habit to check your email before leaving home to join a walk.

You can walk with us as a Hub member or initially as a guest or a prospective member.

There is no obligation for participants to lead a walk, although there is always an underlying need for leaders. You don't need to stay on a walk or have a coffee or lunch during or after the walk.

Regular Weekly walks:

- **Mondays at 7.30 am** for LOCAL walks of an hour to an hour and a half.
Contact: Bev on 9957 5367 or email became@bigpond.net.au
Meet at 7.30 am at Waverton Station.
- **Mondays at 9.30 am** for slightly more extensive OUT-OF-AREA walks.
Contact: Philip on 0412 663 860 or email hubwalkers@escconcepts.com
Meet at 9.30 am in general, or at times indicated in the weekly e-mail bulletins, at Waverton Chemist.

The next two pages list the walking programs for the 7.30am and 9.30am regular weekly walks. The grade of walks is generally **easy**, but can move to **medium** for uneven ground and/or stairs or steep slopes. **Be sure to take plenty of water and sun screen/hat protection with you.**

Also, make sure that you have your emergency contact details and any special medical requirements on you on an easily found piece of paper and NOT just on your smartphone.

If you suffer from asthma or allergies or any other underlying medical condition, it is important you bring your own aids or medication with you.

Be aware that the train timetables may change over time.

Always carry your transport Opal card and money, even on short walks as you may wish to return by train, bus or taxi.

Monday Local Area Walks

Meet at 7.30 AM at the Waverton Station for all walks

The leader will turn up at the Station whatever the weather. Every endeavour is made to keep walking time to around 1 ½ to 2 hours. Nominated leaders are free to alter walks and /or dates but should advise Bev at became@bigpond.net.au, or on 9957 5367 at least by the Wednesday before the advertised walk.

| Walk Date | Destination and description | Walk time hours | Grade | Leader |
|-----------|--|-----------------|-------|----------|
| 5/2 | Walk to Waverton Coal Loader, through tunnel, circuit Balls Head, coffee at Harbour view café. An easy term start for hot weather. | 1.5 | Easy | Bev |
| 12/2 | Walk via Union and Thomas Sts to Blues Pt Road. Coffee in French St café. Return via Sawmillers, John St and Waverton Park. | 1.5 | Easy | Bev |
| 19/2 | Train to N. Sydney. Walk via Walker St to harbourside. Continue around harbour to Kirribilli and McDougall Park café via Carabella St and Elamang Ave | 2.00 | Easy | Bev |
| 26/2 | Train to St. Leonards. Walk beside train line to Artarmon for coffee. | 1.5 | Easy | Bruce |
| 5/3 | Train to Milsons Pt. Walk via McDougall and Anderson Parks to Thelma and Louise café. Ferry option for return | 1/5 | Easy | Bev |
| 12/3 | Train to Museum Explore Hyde Park. Walk via Art Gallery Road to Pavilion Café in Domain. Options for return. | 2.0 | Easy | Bev |
| 19/3 | Walk via Bay Rd and West St to Stockland at Cammeray for coffee. Return by same route. | 1.5 | Easy | Bev |
| 26/3 | Train to Wynyard. Walk to Observatory and Barangaroo. | 2.0 | Med | Lorna |
| 2/4 | Easter Monday – NO WALK | | | |
| 9/4 | Walk via Wondakiah, Badangi Reserve to Berry Island. Explore Berry Island. Walk to Wollstonecraft Stn for coffee. Train or walk return | 2.0 | Med | Chris E. |
| 16/4 | Walk via Bay Rd, Ridge St past Forsyth and Anderson Parks to café in McDougall Park. Walk or train return. | 1.5 | Easy | Bev |
| 23/4 | Train to Town Hall. Walk to Pymont Bridge, cross, explore Darling Harbour, coffee while in DH. Return via Wynyard Station. | 2.0 | Easy | Bev |
| 30/4 | Train to Town Hall; change for Bondi Junction for Coffee. Walk behind Waverley Council Chambers to Murray Street and descend through Bronte Park to the beach. Swim in the rock pool, or surf if wished. Frequent bus return both to city and Bondi Junction railway station. Jan to lead. | 1.5 – 2.0 | Easy | Jan |
| 7/5 | Greenwich Playing fields. Details TBA. | 2.0 | Med | Lorna |
| 14/5 | Train to Milsons Pt. Walk to Kurraba Pt. Return via Thelma and Louise café. Ferry option for return. | 2.0 | Med | Bev |
| 21/5 | Train to Central. Change to light rail for the Fish Markets for coffee. Edge Wentworth Park and take path around Blackwattle Bay to Jubilee Park light rail stop. Return to Central and Waverton. | 2.0 | Med | Jan |
| 28/5 | Train to Kings Cross. Walk via Woolloomooloo to Art Gallery grounds and Domain for coffee in Pavilion café. | 2.00 | Easy | Bev |
| 4/6 | Train to Wynyard. Walk via Kent St to Millers Pt. Explore waterfront to Dawes Pt. Coffee at La Renaissance | 2.0 | Easy | Bev |
| 11/6 | Queen's Birthday NO WALK | | | |
| 18/6 | Train to Milsons Pt. Walk via Wendy Whitely garden and Watt Park to Blues Pt Rd for coffee. Return via back streets. | 1.5 | Easy | Bev |
| 25/6 | Train to Kings Cross. Walk via Victoria St and McElhone stairs to Woolloomooloo and on to coffee in Boy Charlton café. Return via Mrs Macquarie's chair, Botanical Gardens and Circular Quay. | 2.0 | Easy | Bev |

Monday 9.30 AM Out-of-Area Walks.

Note that many out-of-area walks start earlier.

Exact route details and Start time for each walk will be sent out by email a few days before each walk is due.

A walk's destination may change or the walk could be cancelled at the last minute due to weather conditions. If so, you will be notified by email on the morning of the walk at the latest, so please make it a habit to check your email before leaving home to join a walk.

| No | Walk Date | Destination and description | Walk time hours | Grade | Leaders |
|----|-----------|--|-----------------|----------------|---------|
| 1 | 5/2 | Milsons Point to Kings Cross via Botanic Gardens | 2 | Easy | Phil |
| 2 | 12/2 | Brighton Le Sands to Sans Souci | 2 ½ | Easy | |
| 3 | 19/2 | Barangaroo to Fish Markets | 2 | Easy | |
| 4 | 26/2 | Old Forte Fortification to Balmoral | 2 ½ | Mod | |
| 5 | 5/3 | Ballast Point and Balmain | 2 | Mod | |
| 6 | 12/3 | Centennial Park | 2 | Easy | |
| 7 | 19/3 | Barrenjoey Lighthouse, Palm Beach | 2 | Mod | |
| 8 | 26/3 | Haberfield | 2 | Easy | Phil |
| | 2/4 | Easter Monday – NO WALK | | | |
| 9 | 9/4 | Spit Bridge to Manly | 3 ½ | Long/ Hilly | |
| 10 | 16/4 | Kings Cross to Edgecliff | 2 | Mod | |
| 11 | 23/4 | Homebush Olympic Park | 2 ½ | Easy | |
| 12 | 30/4 | Woy Woy foreshore | 2 | Easy | |
| 13 | 7/5 | Gordon to Gordon via Blackbutt Creek | 2 | Mod | Phil |
| 14 | 14/5 | Cook's River wetlands | 2 ½ | Mod | Phil |
| 15 | 21/5 | Marrickville | 2 | Easy | Phil |
| 16 | 28/5 | Auburn Japanese Gardens | 2 | Easy | |
| 17 | 4/6 | Watsons Bay | 2 | Mod | |
| | 11/6 | Queen's Birthday - NO WALK | | | |
| 18 | 18/6 | Redfern | 2 | Easy | Phil |
| 19 | 25/6 | Castlecrag | 2 ½ | Mod | Phil |