



COVID-19 SAFE WALKS

To ensure that our 10am Monday walkers are kept safe from viruses and from fines, the following instructions will apply to that walk from this coming Monday until further notice:

- * If the group is larger than 20 walkers, it must be split into 2 groups and those groups must be separated as they undertake their walk. Our leader, Phil Pik will manage this process.*
- * The walk will not include food or coffee stops. Please either bring your refreshments in a backpack for consumption along the way, or have our coffee/lunch before/after in a small group if you chose. These activities will not be a part of the formal Hub walk.*
- * Each walker must wear a face mask at all times. Walking in pairs is what we tend to do, and that is NOT distancing yourself. That's why wearing a mask at all times is essential. If breathing or getting enough air becomes a problem, lower you mask temporarily and separate yourself from others for a short time.*

Thank you for your cooperation on these matters. Remember to keep your distance and keep safe.

August 2020